

# HOLLENBECK HAPPENINGS

SPRING 2016



place on our grounds. The cranes and scaffolding flanking the side of Heideman Hall are providing major interior and exterior renovations. With each change that takes place, it becomes more obvious that the project is advancing, although not as quickly as hoped. This is often the case with construction, especially when remodeling is involved.

"We, along with our residents, have been anxiously watching the construction take shape for several months now," said Bill Heideman, President/CEO. "Seeing the construction crews with their heavy equipment on site makes it all very real."

The \$13 million project, which broke ground in April of 2014, will have a great impact on Hollenbeck. Phase One of the project included doubling our existing nurses' station and incorporating numerous technologies and advancements. Currently in Phase Two, we are enlarging and updating the existing Director of Nursing's office and several surrounding suites including business offices, doctors' offices, social services offices and a number of storage and supply rooms. This phase of the campus enhancement will also include unveiling a new and relocated beauty salon. The grand front entrance is being relocated and constructed

**ONWARDS!** CONTINUED on page 3

**ONWARDS!**

*I*f you've visited our campus recently, you have surely seen the increased activity and work taking





## GENEROSITY OF A GRACIOUS RESIDENT



Thanks to the generosity of a gracious resident, construction on Hollenbeck's new Skilled Nursing Center continues to move steadily forward. In June of 2015, Hollenbeck received the final installment of a \$100,000 gift pledge by Dr. & Mrs. Yoshio Akiyama.

"We are so thankful and humbled by the Akiyamas' generosity," said Carol Johnston, Esq., Chair of Hollenbeck's Board of Trustees. "This amazing gift has such a strong impact on our capital campaign."

Nat and Yosh moved into Hollenbeck in June of 2013. East Los Angeles is where Yosh was born and raised, so he felt a connection to the neighborhood. His family had a small grocery store on San Pedro Street. During World War II, the family was interned at Poston Relocation Camp, which is also where Nat and her family were interned, although their paths never crossed.

After the war, the Akiyamas eventually resettled in Los Angeles. A graduate of Los Angeles High School, Yosh competed on the track team and played basketball with a Japanese community team. Upon graduation, Yosh attended UCLA where he and Nat met. After attending basketball games and spring formals together, the two were married on June 17, 1956. As they honeymooned in Yosemite National Park and Lake Tahoe, Yosh made sure he took time to study for his medical state board exams, which he had prearranged to take in San Francisco. Yosh began a general rotating internship at Los Angeles County General Hospital followed by a residency in pediatrics at UCLA Hospital while Nat continued her teaching career with Los Angeles City Schools.

Yosh's career included service in the military, where he served as the base pediatrician at Sewart Air Force Base in Smyrna, Tennessee.

He went on to conduct research for six years in the Netherlands, where the Akiyamas made life-long friends and enjoyed unique and special experiences. In good time, he was asked to return to Los Angeles and serve his community in private practice, thereby cofounding Nikkei Pediatrics. Yosh's hobbies and interests were diverse. He loved outdoor activities – bicycling, backpacking, hiking, skiing and of course, camping at national parks with his beloved Nat. They both enjoyed art, music, the theatre, especially ballet and opera performances. A passionate foreign film fan, Yosh had a keen ear for foreign languages, picking up Dutch, German, French and some Italian along the way. Not to be forgotten were Yosh's talented feet on the dance floor – he was an avid ballroom dancer and quick to jitterbug, too!

Yosh was a smart, talented, hardworking and successful man. Through his work, the Akiyamas were introduced to different people and cultures around the world. What Yosh is probably best known for is his passion for caring for others.

His devotion to his young patients was legendary and his commitment to help them unrivaled. He was a gifted and dedicated physician. "He was a very giving man," says Nat. "I think it was a big part of who he was."

That sense of compassion never wavered and he brought that to Hollenbeck. When the Akiyamas learned about Hollenbeck's plans to rebuild the Skilled Nursing Center and build a Memory Enhancement Center, they wanted to support it. "When we moved here, we became a part of the Hollenbeck family. This new center will benefit all of us," says Nat.

With all his accomplishments and achievements, what really resonates with all who knew Yosh was his ever-present and enduring smile. When asked what the secret was to a long, happy and successful marriage that can span nearly six decades, he flashed that very same smile and with a twinkle in his eye replied, "You have to pick well." And that, Yosh did!

### ONWARDS! CONTINUED from page 1

in the middle of the existing building and a new, completely updated entrance with a raised façade, enlarged lobby and elegant sculpture will greet residents and visitors.

Phase Three will be the demolition of the West Wing wall of our Skilled Nursing Facility which is slated to begin in March. President Heideman stated that the various construction and regulatory delays have been mostly mitigated by Hollenbeck Palms' management firmly recommending and receiving approval to begin the above-mentioned demolition prior to completion of the second phase. This is a huge benefit to the project which will recapture a very significant amount of lost time.

"Hollenbeck is very sensitive to its residents' unique requirements," added Board Chair Carol Johnston. "During construction, we recognize the importance of providing the same level of comfort to our deserving residents. By renovating and updating this structure, and building our new Memory Enhancement Center which is Phase Four of this project, we will be poised to care for and cater to not only our current residents, but be prepared

to serve the lifestyles and needs of today's baby boomers, the first of whom have now hit 70!"

When completed, Hollenbeck will have a state-of-the-art, 59-bed Skilled Nursing Center and a 24-bed Memory Enhancement Center, providing the utmost in comfort, care and friendly environments. To date, Hollenbeck has raised \$3,000,000 towards this effort. The success of this campaign, coupled with the fact that additional donors have not yet been invited to participate, encouraged the Board of Trustees to increase its fundraising goal to \$3,650,000. "This new goal will position Hollenbeck for increased fundraising success in the future as the best sources for future gifts come from current donors," said Ms. Johnston. "This is an opportunity to expand Hollenbeck's base of support and we're very excited to take on that challenge." To learn more about ways to participate in this campaign or review naming opportunities, please contact Sally Sanders, Director of Development, at 323-307-4554.

Stay tuned for information regarding our official groundbreaking ceremony for the Skilled Nursing Center, planned for spring.



# DONORS APRIL 1, 2014 – FEBRUARY 15, 2016

We are proud to recognize our generous donors whose kindness allows us to deliver exceptional care to our residents. We have made every effort to include all supporters on this list, and apologize if your name has been inadvertently omitted. Please contact the Development Department at 323-307-4554 with any questions.

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# CELEBRATING 125 *years of* SERVICE AND CARE



On October 4, over 130 supporters and guests enjoyed a terrific day at the stately Santa Anita Park, all in celebration of Hollenbeck Palms' 125 year anniversary. A Day at the Races was a festive day for our guests, who started the day by mingling and enjoying the historic park and majestic views it offers. They then were seated at the elite Turf Terrace where they watched the races in an exclusive, open-air setting while they enjoyed a lavish three-course lunch. The day included seven horse races, one of which was named in Hollenbeck's honor. To top off the day, a number of attendees scored well at the betting windows, as well.

Co-chaired by fellow Trustees Casey Adams and Mike Davis, the extremely successful event raised over \$100,000, more than doubling the initially projected budget. "We are thrilled with the enthusiasm and support that this event garnered," said Casey. "It made our anniversary celebration extra special, and we are grateful to all those who helped make it happen. It was just a terrific day to be at Santa Anita, and all for a great cause."

"These funds will be used to support our ongoing capital campaign to rebuild our existing Skilled Nursing Center and erect a new Memory Enhancement Center, both of which are top priorities not only for Hollenbeck's administration but our Board of Trustees," added Mike. "When

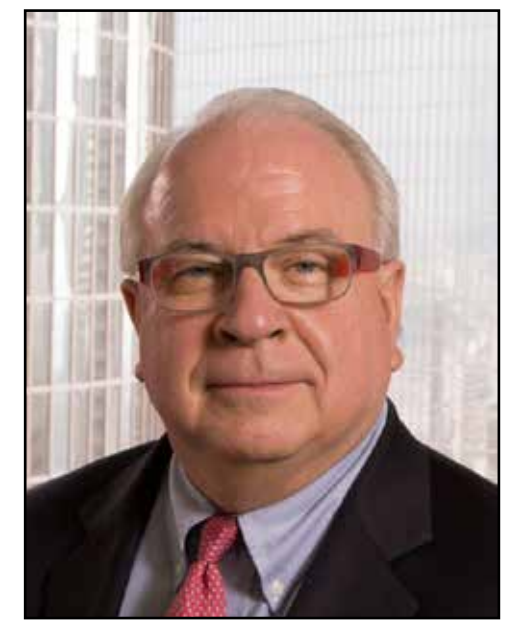
completed, these two structures will provide the utmost comfort and gracious living to our most vulnerable population pool."

"All of us at Hollenbeck thank Casey and Mike for their tireless efforts in ensuring the success of this event. We owe a great deal to them for their devotion and dedication," said President/CEO Bill Heideman. "I also extend Hollenbeck's deep appreciation to our vendors and suppliers for their gracious support. Over the years, we have built strong partnerships with these exceptional organizations and they came through for Hollenbeck's anniversary in spades! We are indeed very grateful."



## EDWARD GARLOCK • HOLLENBECK'S Newest Trustee

Hollenbeck Palms is very pleased to have Edward S. Garlock, Esq. join its Board of Trustees. A native of Iowa, Edward attended Stanford University where he was elected Phi Beta Kappa. Edward was also a member of Stanford's marching band and participated in the 1971 and 1972 Rose Parades and Rose Bowl Games. Edward went on to earn a JD from Northwestern University in Chicago where he was on the Board of Editors of the Journal of Criminal Law and Criminology, and served as its Editor-in-Chief.



Payden & Rygel where he is a shareholder, member of the firm's Board of Directors and the Executive Committee of the Board, and serves as Managing Principal, General Counsel and Chief Compliance Officer.

Edward and his wife, the former Brooke Larsen, live in Pasadena and are the parents of Grant, Trevor and Evan.

Edward is a member of the Sovereign Military Order of the Temple of Jerusalem, currently serving as the Grand Inspector of the national chapter.

Edward began his career at McCutchen, Black, Verleger & Shea in Los Angeles and then joined the Law Division of Atlantic Richfield Company. He went on to join First Interstate Bancorp's Law Department, where he rose to become Group General Counsel. In 1996, Edward joined

He also serves on the Board of Directors of the Rose Bowl Operating Company and on the Executive Committee of the Corporate Law Departments section of the Los Angeles County Bar Association.

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## **YOU HELP MAKE IT HAPPEN!**

You can help make a difference in the life of a Hollenbeck Palms resident. We do our best to make certain our residents are well cared for and fully engaged, and here's how you can help.

### **MAKE A CASH DONATION**

We rely on the support of our friends and donors to do what we do. If you would like to make a donation, honor a loved one or make a monthly contribution, please visit our website at [www.hollenbeckpalms.com](http://www.hollenbeckpalms.com) and click on the "Donate" button on the right hand side or call 323-263-6195 and ask for the Development Department.

### **DONATE YOUR VEHICLE**

Donate your car, truck, SUV, RV or boat! This is a quick and easy way to solve your issue and eliminate the hassle of selling your vehicle at the same time. We do all the work for you and proceeds from the sale of the donated vehicles go to Hollenbeck. To make a donation, please call 323-263-6195 and ask for our Development Department.

### **VOLUNTEER**

We always need help in the office or with our activities. If you've got the time and talents to share, please call us at 323-263-6195 and ask for the Activities Department.

### **INCLUDE US IN YOUR ESTATE PLANNING**

You can make a bequest to Hollenbeck Palms by including language in your will or living trust leaving a portion of your estate to Hollenbeck, or by designating Hollenbeck as a beneficiary of your retirement account or life insurance policy. Please consult your own legal and tax advisors to help guide you in this process.